

Breakfast MENU

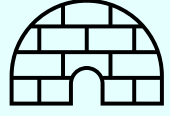
December 2025 Elementary Breakfast Menu

Check out <https://lowellk12ma.nutrislice.com/> for Menus, Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowell.k12.ma.us

All breakfast items are whole grain.
Offered Daily: 1 % and Skim Milk, and Fresh Fruit
All Breakfast is provided free for all students.
Please inform food service if you have a food allergy.

*Menu is subject to change.



1 Pumpkin Breakfast Bread Asst Cereal Bowl with Graham Cracker Served with Apples and Pears	2 French Toast Sticks Chocolate Chip Muffin Served with Oranges & Juice	3 Sausage, Egg, & Cheese Bagel Sandwich Oatmeal Chocolate Betty Crocker Bar w/ Graham Cracker Served w/ Strawberries & Clementines	4 Blueberry Breakfast Bread Nature Valley Breakfast Round Served with Fresh Fruit Cup & Juice	5 Mini Cinnamon Cream Cheese Bagels Mixed Berry Yogurt Parfait Breakfast Smoothie
8 All Day Energy Platter Asst. Cereal Bowl with Graham Cracker Served with Apples and Pears	9 Mini Cinni Caramel Bagel Chocolate Chip Muffin Served with Oranges & Juice	10 Ham & Cheese Croissant Double Chocolate Betty Crocker Bar w/ Graham Cracker Served w/ Strawberries & Clementines	11 Chocolate Crescent UBR Round Served with Fresh Fruit Cup & Juice	12 Egg & Cheese Wake Up Wrap Bagel with Cream Cheese Served with Apples & Bananas
15 Cinnamon Raisin Bagel Asst. Cereal Bowl with Graham Cracker Served with Apples and Pears	16 Sausage, Egg, and Cheese Bagel Sandwich Chocolate Chip Muffin Served with Oranges & Juice	17 Apple Frudel All Day Energy Platter Served w/ Strawberries & Clementines	18 Egg and Cheese Croissant Cranberry Orange Oatmeal Round Served with Fresh Fruit Cup & Juice	19 Breakfast Smoothie Bagel with Cream Cheese Served with Apples & Bananas
22 	23 	24 	25 	26 
29 	30 	31 	1 	2 

This institution is an equal opportunity provider. In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjunction, 1400 Independence Avenue, SW Washingtons, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 485-6136 (Spanish). USDA is an equal opportunity provider and employer.